Year 10 Curriculum Enrichment Day Tuesday 10th November – in school activities

Emergency Aid or 'Promoting a Healthy and Active Lifestyle'

These activities will take place in school during normal school hours.

Promoting a Healthy and Active Lifestyle

Sessions of fun practical activities, demonstrating the lifelong benefits of being healthy and active.

The sessions will include team invasion games and additional team and individual activities such as aerobics, yoga and relaxation techniques. These sessions will also explore what is involved in 'whole body management' investigating areas such as common misconceptions regarding nutrition.

Emergency Aid

The course is taken by qualified instructors from First Responders who will cover the following:

- Casualty Assessment
- Resuscitation
- Wounds / bleeding
- Shock
- Head injuries
- Unconsciousness
- Medical conditions
- Poisons
- Burns / scalds
- Injuries to bones
- Legal requirements
- First aid boxes

Relevance to courses in school:

If students are studying BTEC First Certificate in Sport this qualification can be used as evidence for one of the assignments in Unit 2, covering both a pass (5) and Merit (4) instead of writing up a report on first aid.

The cost of this activity is £32 which covers the cost of the qualified instructors and course qualification. Unfortunately, we are unable to meet these costs from our own funds, and the activity will only be able to go ahead if parents are prepared to make a voluntary contribution of £32 to school funds. It is entirely up to you whether you wish to contribute. However, if all parents are not prepared to make this contribution then the activity may not be able to take place for any of the students.

If you would like your son/daughter to take part in one of these activities, please complete the attached reply slip and return it together with the relevant payment, cheques to be made payable to Beaumont School, to the box outside the Finance Office marked 'Year 10 Curriculum Activity Day' by Thursday 22nd October.

Return to the box outside the Finance Office marked 'Year 10 Curriculum Enrichment Day' by Thursday 22nd October

Pupil's Name..... Form.....

I would like my son/daughter to take part in the following in-school CED activity on 10/11/09:

Please tick appropriate box:

□ Promoting a Healthy and Active Lifestyle (no payment required)

□ Emergency Aid to gain a qualification in Emergency Aid and I enclose a contribution of £32

Signed..... Father/Mother/Legal Guardian Date.....