

Enrichment Week Option Details

Before you make a decision regarding the options you choose for the enrichment week, there is a brief description of the each activity from the member of staff leading the activity.

Full Day Activities:

Cooking - JJo

Ready, Steady, Cook - Create a meal to be proud of. Unlock your talent to be a Chef and turn your home into your own restaurant for a night! Prepare a three course meal in school. Learn how to set a table and fold napkins; take your food home and “wow” your friends and family.

Camera-less photography - MBu

“How can you take a photo without a camera?” Learn how – with photocopier, chemicals and light – to make great images!

Make a project in wood - CPo

Use the day to enjoy yourself in technology and make a project in wood to take home at the end of the day.

Make a project in metal - CPo

Take the opportunity to use some of the machinery in technology to make a project in metal to take home at the end of the day.

Drama project - HRo

Create a piece of drama based on a stimulus and present it to an audience at the end of the day. Work as a team and add prop, costumes and sound.

Make an Ascot Hat in a day - MSe

Imagine you are a hat designer for the day! Construct a simple pill box hat. Create some textile jewellery to embellish it, and add your choice of feathers, net, silk ribbons. Well, then photograph your portrait against an ‘Ascot Ladies background!’

World Cup Football Tournament - SJu

A day of non-stop football action. Create your team, tactics and strategy to defeat the opposition and win the award of World Cup Champions. Team sizes will depend on the number of people who choose this option.

Share Trading Game - PDK

“Want to have fun and get rich in a day? Learn what it takes to be a professional trader in the stock market by playing this share trading game. Be prepared for some very hard work and some very new ideas to think about.”

Stage Combat - ZSh

Learn how actors and stunt performers make stage fights look so convincing. Learn the skills from professionals and then choreograph your own fight.

Textiles - LLd

Create your own designs and masterpieces.

Paint a Mural in a week –(full day session) GDj

Be part of a group that design and paint a large mural to go up in school.

Make a video report – LCa

'Do you want to see what everyone else is up to during the CED day, and then record it for everyone to see? This is your opportunity to take photos and turn them into an exiting report of the day and the whole week.'

Aspects of Paris - GMo

See the sights of Paris and explore the culture of this beautiful city without even leaving the comfort of the classroom. A quick look at the origins of Paris, the main sights to be seen, how to get there and travel around. An imaginary weekend.

Half Day Activities

Wimbledon Tennis Tournament - SJu

A complete day of serves, volleys and smashes! Play, referee and win your way to the tournament final. Pairs and singles competitions if numbers allow

Ultimate Frisbee Competition - SJu

Have a go at one of the fastest growing sports in Europe. Round robin tournaments all day involving several teams. Size of teams and number of games depends on interest.

Twenty/Twenty Cricket Match - SJu

Very simply a half day of cricket!! 20 overs each with an interlude for lunch and tea!! All abilities welcome.

Basketball coaching - NLe

Doing skills practice to improve your techniques: improving your defence and offence and playing in games.

Modern Jive - KPa

Take the opportunity to learn Modern Jive. It's a bit like ballroom dancing – but much funkier!

Dance - LRi

Spend half a day learning to pop and lock. Get in the groove with the cool moves on the street. Take a class with an expert dancer- coming into the school.

Yoga - KHa

Learn the techniques associated with Yoga and find your own 'inner calm'.

Learning about Bolivia - CTh

Learn more about Bolivia – a fun day exploring its culture, food and music – who knows you might end up dancing on the tables!

Cartoon Design - CJe

Ever fancied a go at cartooning – come along and learn some of the tricks of the trade.

Origami - CJe

Have a go at the ancient art – be amazed at what you can do with a piece of paper! Just one piece of paper!

Web Design 1 - TGr

Learn how to create your own website .

Web Design 2 - TGr

Continuing developing your own Website – learn how to use all the advanced techniques to make your website really flash.

Paint a Mural in a week (half day session)- GDj

Be part of a group that design and paint a large mural to go up in school.

Improvisation - SLI

Have you got the ability and confidence to improvise? Have fun throughout the morning taking part in impromptu improvisation.

Petanque and Boules– Gmo

Learn the laws of the game of “French bowls”. Practice then enter a mini tournament after getting a few tips on how to play well.

Softball – Nle

Your chance to spend half a day enjoying pitching, hitting, catching and throwing in softball games.

Orienteering - NLe

Led by a qualified instructor from British orienteering learn the skills of reading maps, navigating and finding markers faster than your opponents.

Knitting – EDi

Learn the basic knitting stitches and make yourself a phone cosy or a small toy. Wool and needles provided. Beginners welcome.

Holocaust survivor talk – LMy

Listen to a holocaust survivor talk about their experiences in the second World War.

Roman Feast – GFu

Dormice, jugglers and couches – prepare and eat food as the Romans would 2000 years ago. Don't forget your toga!

Out of school trips:**Golf Day – GSt**

Have a practice in school in the morning followed by a 18 hole round at Abbey view in the afternoon.

Horse Riding lesson - LRi

In exchange for some ‘mucking out’ and general duties around the stables, experience horse riding. You must be ready to get dirty!

Hill Walking - EHi

Take the opportunity to get some fresh air! Go walking over the hills and see what the country is really like! You will need some stout shoes.

Cuffley Camp - SJu

Mountain biking, assault courses and archery. A full day of physical challenges.

Theatre Trip - TPr

Enjoy a relaxing picnic in Regents Park before being entertained by an open air performance of one of Shakespeare's most popular comedies.

Wembley Stadium Tour - DWh

Spend the morning looking at stadiums and designing one, then go to Wembley Stadium for the tour.

Outdoor Activity at Stanborough Lakes (£40) - SJu

Spend the day on the water – canoeing, sailing and raft building. Wet suits and other equipment provided.