Kitchen Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Value Offer £1.00	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V
Old Favourites £1.20	Shaved Ham Salad on Bloomer Tuna & Cucumber on Bloomer	Shaved Ham Salad on Bloomer Tuna and Cucumber on Bloomer	Shaved Ham Salad Floured Bap Tuna & Cucumber On Bloomer	Mature Cheddar and Tomato Floured Bap V Tuna and Cucumber on Bloomer	Tuna and Cucumber on Bloomer Shaved Ham Salad on Bloomer
Classic Baguettes £1.60	Tuna Mayonnaise and Sweetcorn	BLT	Grilled Chicken Salad	Prawn Cocktail	Chicken & Sweetcorn
Try Me Toasted £1.60	Mature Cheddar and Caramelised Red Onion Ciabatta V	Roasted Vegetables and Goats Cheese Ciabatta V	BBQ Chicken Ciabatta	Croque Monsieur (Ham, Cheese & Mustard mayo)	Mozzarella, Pesto and Sun Dried Tomato Ciabatta V
Speciality Sandwiches £1.60	Chicken Caesar Wrap	Duck and Hoisin Wrap	Onion Bhaji, Mint Raitha and Mango Chutney in a Spinach Wrap V	Sweet Chilli Chicken Wrap	Smoked Salmon and Cream Cheese Bagel
Paninis £1.60	Pizza Melt V Ham, Cheese and Tomato Sauce	Tuna & Sweetcorn Melt Cheesy Bean V	Bacon, Tomato Sauce and Mozzarella Pizza Melt V	Ham, Cheese, Tomato with Lea and Perrins Cheesy Bean V	Pizza Melt V Tuna & Sweetcorn Melt
Daily Special	What is today's Sandwich Special?	What is today's Sandwich Special?	What is today's Sandwich Special?	What is today's Sandwich Special?	What is today's Sandwich Special?
Deli to Go £1.50	Waldorf Salad with Crispy Bacon	Sweet Chilli Chicken and Noodles	Prawn Pasta Layer	Crispy Duck and Noodle	Pasta with Tomato and Basil Chicken
Premium Deli Box £1.75	Grilled Chicken and Red Pepper Skewer Flaked Tuna	Pot of Prawns Mature Cheddar and Cherry Tomato V	Wafer Ham and Pineapple Sweet Chilli Chicken Skewer	Honey Glazed Chicken Roasted Vegetables V	Crispy Bacon and Boiled Egg
Tray Bakes and Bars £0.70	Banana and Yoghurt Muesli Bar Mandarin Crumble Muffin	Chocolate and Beetroot Brownie Blueberry Muffin	Caramelised Pineapple Muffin Jammy Dodgers	Raspberry and Coconut Muesli Bar Victoria Sponge Cupcakes	Very Berry Muffin Strawberry Sponge Tray Bake

All of our foods are prepared in an environment where nuts and other food allergens are present.
If you have special dietary requirements, please speak to our Executive Chef who will be happy to find something suitable.
Sorry, but we have to charge VAT for all non students

January 2010

Kitchen Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Value Offer £1.00	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V	Free Range Egg Mayo and Cress Sandwich V
Old Favourites £1.20	Shaved Ham Salad on Bloomer Tuna & Cucumber Bloomer	Shaved Ham Salad on Bloomer Tuna and Cucumber on Bloomer	Shaved Ham Salad Floured Bap Turkey Salad Bloomer	Mature Cheddar and Tomato Floured Bap V Tuna and Cucumber on Bloomer	Tuna and Cucumber Floured Bap Shaved Ham Salad on Bloomer
Classic Baguettes £1.60	Mature Cheddar with Salad Cream and Chives V	BLT	Tuna Mayonnaise and Sweetcorn	Prawn Cocktail	Chicken Salad with Sweet Chilli Mayo
Try Me Toasted £1.60	Bacon, Mozzarella and Tomato Ciabatta	Mature Cheddar and Caramelised Red Onion Ciabatta V	Mature Cheddar, Wafer Ham and Branston Ciabatta	BBQ Chicken	Mozzarella, Pesto and Sundried Tomato Ciabatta V
Speciality Sandwiches £1.60	Chicken Fajita Wrap	Triple Decker Chicken Salad with Salad Cream	Onion Bhaji, Mint Raitha and Mango Chutney in a Spinach Wrap V	Duck and Hoisin Wrap	Chicken Caesar Wrap
Paninis £1.60	Tuna and Sweetcorn Melt Pizza Melt V	Sweet Chilli Chicken Cheesy Bean V	Pizza Melt V Bacon, Tomato Sauce and Mozzarella	Ham, Cheese and Tomato with Lea and Perrins Cheesy Bean V	Pizza Melt V Tuna & Sweetcorn Melt
Daily Special	What is today's sandwich special?	What is today's sandwich special?	What is today's sandwich special?	What is today's sandwich special?	What is today's sandwich special?
Deli to Go £1.50	Prawn Pasta Layer	Sweet Chilli Chicken and Noodles	Pesto Pasta with Spinach, Tomato and Goats Cheese V	Crispy Duck and Noodle	Honey and Mustard Chicken with Cous Cous
Premium Deli Box £1.75	Grilled Chicken and Red Pepper Skewer Flaked Tuna	Pot of Prawns Mature Cheddar and Cherry Tomato V	Wafer Ham and Pineapple Sweet Chilli Chicken Skewer	Honey Glazed Chicken Roasted Vegetables V	Crispy Bacon and Boiled Egg
Tray Bakes and Bars £0.70	Lemon and Gingernut Cupcake Banana and Yogurt Muesli Bar	Raspberry Shortbread Fingers Mandarin Crumble Muffin	Jammy Dodger Chocolate and Beetroot Brownie	Victoria Sponge Cupcake Gingerbread People	Very Berry Muffin Strawberry Muesli Bar

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