

Enrichment Week

Option Details

Before you make a decision regarding the options you choose for the enrichment week I thought it might be useful to have an idea of what you would be doing in each of the activities.

Please remember that you will have to choose **five** activities and **two** reserves. Wherever possible I will try to give you the five 'first choice' activities but you must be willing to participate in either of your reserve choices if needed.

Cooking

Ready, Steady, Cook - Create a meal to be proud of. Unlock your talent to be a Chef!

Gardening

Spend the day in the garden. Learn about the different types of plant and how to look after them – Alan Titchmarsh had to start somewhere

Make a skirt in a day

Spend the day making a skirt to be proud of.

Horse Riding lesson

In exchange for some 'mucking out' and general duties around the stables, experience horse riding. You must be ready to get dirty!

Tottenham Hotspur Football

Club 1960 to present day

Learn all about THFC from 1960 onwards. Research the history of the club and then produce a piece of memorabilia for the fans.

Aspects of Paris

See the sights of Paris and explore the culture of this beautiful city without even leaving the comfort of the classroom

Camera-less photography

Who needs a camera to be the next David Bailey! See how you can create images by using just the light, photo paper, chemicals and a computer.

Line Dancing

Take the opportunity to learn how to line dance and have fun in the process.

Learning about Bolivia

Learn more about Bolivia – a fun day exploring its culture, food and music – who knows you might end up dancing on the tables!

All about Kites

Learn a little about the history of kites from 'kiddies to combat' and then make a kite of your own.

Web Design

Learn how to create your own website – who knows it might be the start of a new career!

Eco Schools Project

Get involved in the Eco Schools project and have fun whilst making a real difference. This is a project that the whole country is getting involved in.

Improvisation

Have you got the ability and confidence to improvise? Have fun throughout the day taking part in impromptu improvisation.

Drama project

Spend the day creating all the props and costumes etc. for a drama production and then learn your lines and perform in front of an audience.

Stage Combat

Work with a drama company to learn the art of stage combat.

Share Trading Game

Are you the next entrepreneur? If so, then why not take part in the trading game and see exactly how much money you can make?

Make a project in wood

Use the day to enjoy yourself in technology and make a project in wood to take home at the end of the day.

Yoga

Learn the techniques associated with Yoga and find your own 'inner calm'.

Basketball coaching

Greatly improve your basketball technique by taking part in a day of intensive coaching.

Rockets

Learn all about rockets and then build and fly a rocket of your own.

Fitness training

Spend the day taking part in aerobic or fitness activities and learn how to deliver safe and effective classes of your own.

Make a project in metal

Take the opportunity to use some of the machinery in technology to make a project in metal to take home at the end of the day.

Modern Jive

Take the opportunity to learn Modern Jive. It's a bit like ballroom dancing – but much funkier!

Hill walking

Take the opportunity to get some fresh air! Go walking over the hills and see what the country is really like! You will need some stout shoes.

British wildlife

In this country we have a very varied wildlife and yet we tend to know very little about it. Here is your opportunity to learn about the wildlife that is just outside our front door.

Outdoor Activity at Stanborough Lakes (£40)

Spend the day on the water sailing, canoeing and building a raft.